



Get in touch

Amity university Noida, U.P

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Accentuate your
inner beauty and
let your confidence
take the stage

AMITY *Graceful* FINISHING *you* SCHOOL

Women Exclusive Program



One Week Online Program

Course Benefits

- Certificate of appreciation to all the registered participants.
- Access to our Facebook and Instagram community.
- Lifelong access to all our inner circle mailers of all our program updates & exclusive offers.
- Exclusive A.F.S Whats app group for all the registered participants, providing with weekly tips and hacks.
- Live Support and Mentoring by A.F.S. Trainers.

PROGRAM OVERVIEW

GRACEFUL CONVERSATIONALIST

Vest your communiqué to impress your surroundings. Learn to say 'no' yet be polite and firm. Understand tips & tricks about Verbal & Non-verbal cues.

IMAGE MANAGEMENT & FASHION STYLING

Introduction to significance of color & pattern, accessories. Choosing the perfect outfit of the day, types of handbags & heels, art of accessorizing well.

THE ELEGANT YOU

Explore the art of being a perfect Host, gifting etiquette, party planning and Learn the art of table setting & rules of Dining.

MIND, BODY & SOUL: A GUIDE TO YOUR WELL- BEING

Learn to strike a work-life balance between your home, work, studies or social life. Be it a Homemaker or working woman, everyone needs some "Me-Time" Learn about mental wellbeing, physical wellbeing and some productive Me-time.

COMPETITION & PROJECT PRESENTATION

Competition and presentation followed by Concluding Ceremony & Certificate distribution.

**Registration fee: 900/- (All
inclusive of taxes)**